

# Juice PLUS<sup>+</sup> PREVENTION Plus<sup>+</sup>

## ***“FUELING FITNESS to the PLUS for ALL AGES”***



**PAUL STRICKER, M.D.** is one of just over 150 doctors in the US who is board certified in both sports medicine and pediatrics. He was an All-American swimmer in college, and completed pediatrics at Arkansas Children's Hospital and a sports medicine fellowship at UCLA. He was selected by the Olympic committee as a physician for the United States team at the Sydney Olympics in 2000. He is a previous President of the American Medical Society for Sports Medicine, and is a member of the American Academy of Pediatrics' Council on Sports Medicine & Fitness, and editorial Board member for *Healthy Children* magazine. He has been selected as one of America's Top Pediatricians and America's Best Doctors. Dr. Stricker has authored numerous medical publications and a book for parents and coaches entitled *Sports Success Rx!—Your Child's Prescription for the Best Experience*. He has been featured on ESPN and news programs, and has been cited in national publications such as *US News & World Report* and *USA Today* discussing ways to decrease youth sports pressure while having a positive sports experience. Still a nationally competitive swimmer, he resides in San Diego, CA, with his medical practice at Scripps Clinic.

**Date: Thursday February 9, 2012**

**Time: 7:00 – 8:00 pm    Doors open at 6:30**

**Location: Carlsbad Senior Center, 799 Pine Avenue, Carlsbad, CA 92008**

(From I-5 take the Carlsbad Village Dr. exit heading west, 3 blocks to Jefferson St., turn left. Two blocks down the Senior Center will be directly in front of you at Pine Ave. There are parking lots on the east & west sides of the building.)

**\$15 for Distributors by Feb. 5<sup>th</sup>; \$20 after 5<sup>th</sup> or at door – Guests are free**

**Space is limited – RSVP by Monday, February 5th!**

**Contact: Romel Hokanson \* 619-379-2662 \* [romel@wavesoflife.biz](mailto:romel@wavesoflife.biz)**

